QUALITY: THE MISSING INGREDIENT IN TB CARE & CONTROL

Madhukar Pai, MD, PhD Director, McGill International TB Centre

Zelalem Temesgen, MD Director, Mayo Clinic Tuberculosis Center



Alexander Kumar

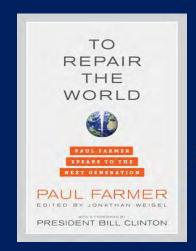






"the biggest challenge in global health - failures of imagination"

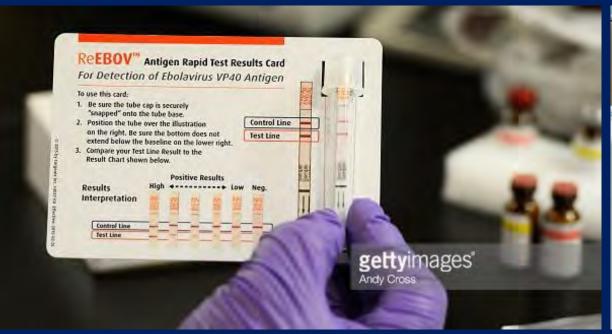
Paul Farmer





2014-2016 EBOLA OUTBREAK IN WEST AFRICA

- 28,600 cases
- 11,325 deaths













WHO: Trials show new Ebola vaccine is 'highly effective'

















A new Ebola va being tested in torn Congo

Oct 20, 2018 5:31 PM EDT

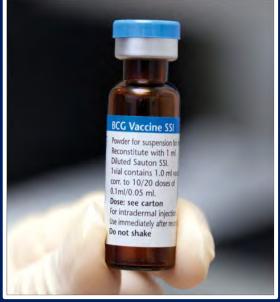
▶ Full Episodes II Podc

TB AFFECTS 10M/Y & KILLS 1.6M/Y THIS IS OUR TOOLBOX













MOST TB PROGRAMS STILL FOCUS ON COVERAGE, NOT QUALITY!



DOTS coverage



What about quality?

COVERAGE DOES NOT EQUAL QUALITY!



High Quality Health Systems in the SDG Era

The Lancet Global Health Commission

High-quality health systems in the Sustainable Development (1) 1 (1) Goals era: time for a revolution



Margaret E Kruk, Anna D Gage, Catherine Arsenault, Keely Jordan, Hannah H Leslie, Sanam Roder-DeWan, Olusoji Adeyi, Pierre Barker, Bernadette Daelmans, Svetlana V Doubova, Mike English, Ezequiel García Elorrio, Frederico Guanais, Oye Gureje, Lisa R Hirschhom, Lixin Jiang, Edward Kelley, Ephrem Tekle Lemango, Jerker Liljestrand, Address Malata, Tanya Marchant, Malebona Precious Matsaso, John G Meara, Manoj Mohanan, Youssaupha Ndiaye, Ole F. Norheim, K. Srinath Reddy, Alexander K. Rowe, Joshua A. Salomon, Gagan Thapa, Nana A Y Twom-Danso, Muhammad Pate

Executive summary

improve health without it.

and children receive less than half of recommended Lancet Glob Health 2018 Although health outcomes have improved in low-income clinical actions in a typical preventive or curative visit, Published Online and middle-income countries (LMICs) in the past several less than half of suspected cases of tuberculosis are September 5, 2018 decades, a new reality is at hand. Changing health needs, correctly managed, and fewer than one in ten people growing public expectations, and ambitious new health diagnosed with major depressive disorder receive goals are raising the bar for health systems to produce minimally adequate treatment. Diagnoses are Public Health, Boston, MA, USA better health outcomes and greater social value. But frequently incorrect for serious conditions, such as MERNIK MO, AD Gage MSG, staying on current trajectory will not suffice to meet these pneumonia, myocardial infarction, and newborn Carsenault PhD, 11 HLeslie PhD, demands. What is needed are high-quality health systems asphyxia. Care can be too slow for conditions that \$\$Bodies-DieWan MD], New York that optimise health care in each given context by require timely action, reducing chances of survival. At Public Health, New York, NY. consistently delivering care that improves or maintains the system level, we found major gaps in safety, USA/Klordam MSch TheWorld health, by being valued and trusted by all people, and by prevention, integration, and continuity, reflected by responding to changing population needs. Quality should poor patient retention and insufficient coordination not be the purview of the elite or an aspiration for some across platforms of care. One in three people across Cambidge MA USA distant future; it should be the DNA of all health systems. LMICs cited negative experiences with their health (P Barker MD); WHO, Geneva Furthermore, the human right to health is meaningless system in the areas of attention, respect, communiwithout good quality care because health systems cannot cation, and length of visit (visits of 5 min are common); on the extreme end of these experiences were Mexico (SV Coubons MD): We propose that health systems be judged primarily on disrespectful treatment and abuse. Quality of care is KEMNI-Wellcome Fourt their impacts, including better health and its equitable worst for vulnerable groups, including the poor, the Research Programme. Nairobi, distribution; on the confidence of people in their health less educated adolescents those with stigmatised

(O Adeyl MD): Institute for lealthcare improvement.

Poor-quality care is a bigger killer than insufficient access to care 3.6 million deaths 5 million deaths due due to insufficient to poor-quality care access to care The Lancet Global Health Commission on high-quality health systems THE LANCET Global Health The best science for better lives

In 2016, 8.6 million deaths were avertable in the health system, including 5 million due to poor quality care.



TB CARE IS DESIGNED
FROM A HEALTH
SYSTEM PERSPECTIVE
& IS AIMED AT
'DISEASE CONTROL'

AN ATTEMPT TO COUNTER FAILURES OF IMAGINATION

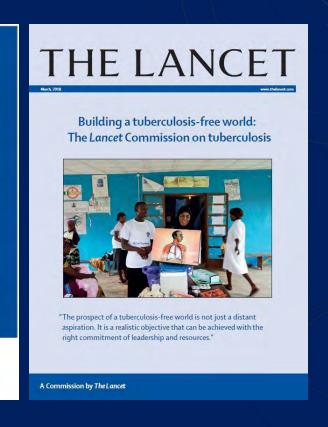


"The prospect of a tuberculosis-free world is not just a distant aspiration. It is a realistic objective that can be achieved with the right commitment of leadership and resources."

Building a tuberculosis-free world: The *Lancet* Commission on tuberculosis

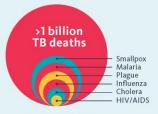
THE LANCET

The best science for better lives



THE PROBLEM

TB: #1 infectious disease killer over the last 200 years



And >1.6 million TB deaths in 2017 We are failing to identify 4 out of 10 people with TB



65% of mortality occurs in 10 high-burden countries



Bangladesh DR Congo India Indonesia Kenya Mozambique Nigeria Pakistan South Africa Tanzania TB is a global health security threat extending far beyond highburden countries



PRIORITIES IN SOLVING THE PROBLEM

Priority 1

Provide patient-centered services to all seeking TB care



Priority 2

Reach high-risk people with screening & prevention programs



Priority 3

Develop new diagnostics, therapies & vaccines



Priority 4

Invest the funds necessary to end TB



ROI:

For every \$ invested in intervention, up to \$56 are returned

Priority 5

Hold countries & stakeholders accountable for making progress to end TB







A high quality health system optimizes health in a given context by

- **consistently** delivering care that improves or maintains health,
- being valued and trusted by all people,
- responding to changing population needs.



Utilization x Quality = Health

HIGH QUALITY HEALTH SYSTEM FRAMEWORK



FOR PEOPLE

PROCESSES OF CARE

COMPETENT
CARE & SYSTEMS

POSITIVE USER
EXPERIENCE

QUALITY IMPACTS

BETTER
HEALTH

CONFIDENCE
IN SYSTEM

ECONOMIC
BENEFIT

FOUNDATIONS

POPULATION health needs & expectations

GOVERNANCE policy, insurance, non-health sectors

PLATFORMS accessibility and organization of care

WORKFORCE numbers, skill, support TOOLS equipment, medicines, data

EQUITABLE

RESILIENT

EFFICIENT

QUALITY OF TB CARE: HQSS FRAMEWORK

Quality of tuberculosis care: people-centred, equitable, resilient, and efficient

Process of care

2-month delay in diagnosis

Only 1 in 2 patients with drug-susceptible tuberculosis, 1 in 5 patients with MDR tuberculosis, and 1 in 5 patients with latent tuberculosis infection are adequately diagnosed and treated



Process of care

and private sectors

Patients lost to follow-up: 4-38%

Governance

50–60%
patients begin seeking
care in informal (eg,
ayurvedic or homeopathic
doctors, and pharmacists)

52% HBCs reco
Xpert MTB/RI
47% have imp

52% HBCs recommend **Xpert MTB/RIF** as initial test. **47%** have implemented this

In 8 low-income HBCs, domestic funding represents <7% of NTP budget needs

Platforms

1.1 microscopy labs per 100 000 population

1.3 DST per 5 million population

Limited accessibility to tuberculosis services at community level

Quality impact

Delays in diagnosis results in

High costs to patients (patients spend more than half of annual income on care)

Increased waiting times for treatment
Probably low patient satisfaction with care
(although additional research is needed)

Workforce

3 health-care providers are seen before diagnosis

28%-45% of providers correctly manage tuberculosis cases

10 million new cases, 1.6 million deaths (case fatality 16%) in 2017

558 000 new MDR or RR tuberculosis cases, resulting in 230 000 MDR and RR tuberculosis deaths

Tools

10 sputum smears for every Xpert test in HBCs

20% of patients in need of bedaquiline have received it

Foundations

UNDERSTANDING PATIENT PATHWAYS

Long, complex patient pathways: 13 countries

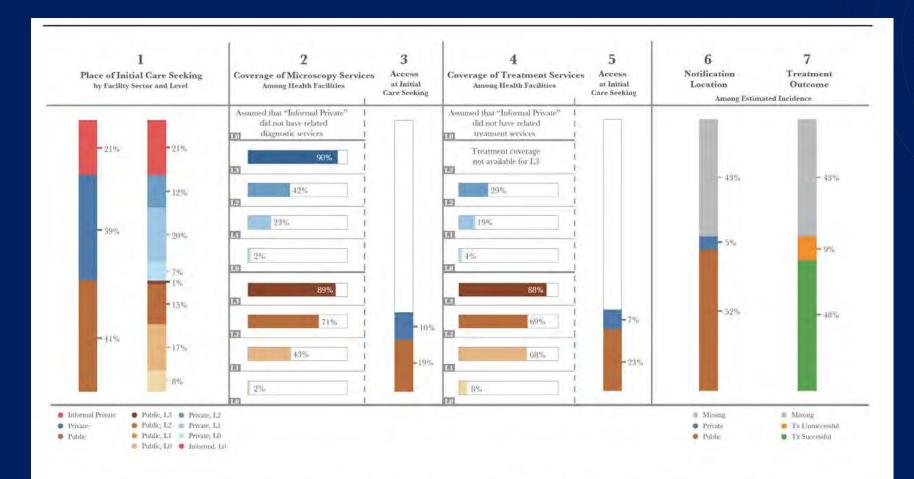
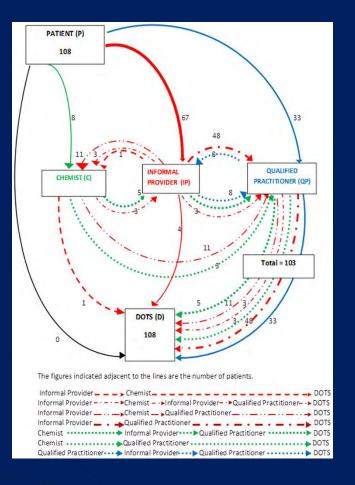


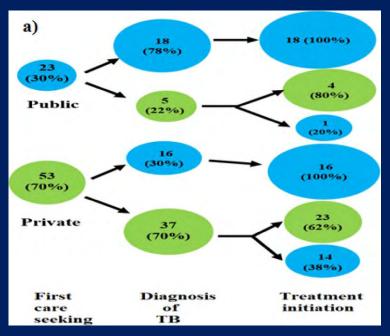
Figure 2. Combined 13-country patient pathway analysis. Countries include India, Indonesia, China, Nigeria, Pakistan, South Africa, Bangladesh, Philippines, Democratic Republic of the Congo, Ethiopia, Myanmar, Mozambique, and Kenya. In the formal public and private sectors, L0 refers to community level care and pharmacies; L1 refers to clinics and primary health care centers; L2 refers to lower-level hospitals; L3 refers to referral hospitals. In the informal sector, L0 refers to traditional healers and drug sellers.

Multiple providers are seen before TB is detected ~2 months diagnostic delay in most HBCs

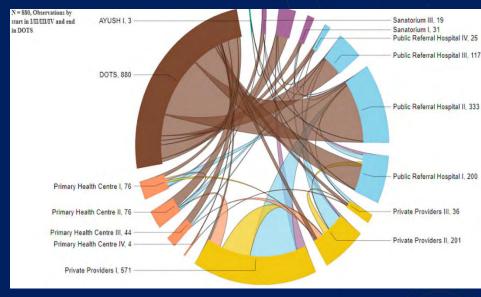
DELHI



MUMBAI



TAMIL NADU



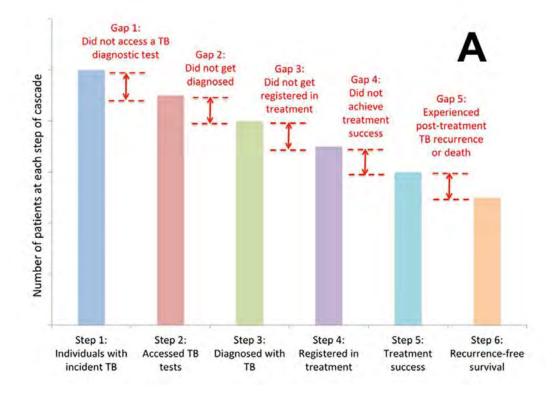
UNDERSTANDING CASCADES OF CARE



GUIDELINES AND GUIDANCE

Constructing care cascades for active tuberculosis: A strategy for program monitoring and identifying gaps in quality of care

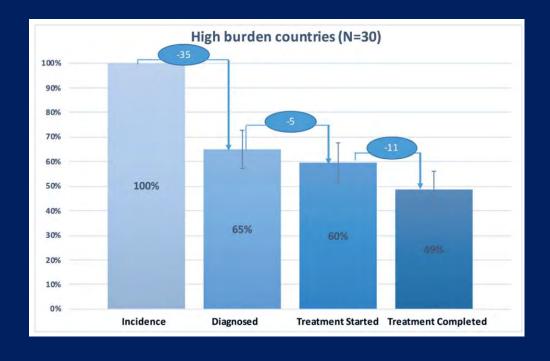
Ramnath Subbaramano 1.2*, Ruvandhi R. Nathavitharanao 3, Kenneth H. Mayero 3.4, Srinath Satyanarayanao 5, Vineet K. Chadha 6, Nimalan Arinaminpathyo 7, Madhukar Paio 8



Cascade of care

30 High burden countries

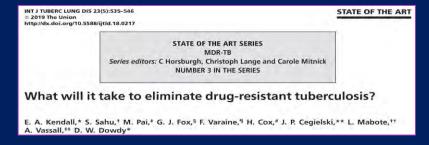
Health systems performance in managing tuberculosis: analysis of tuberculosis care cascades among high-burden and non-high-burden countries

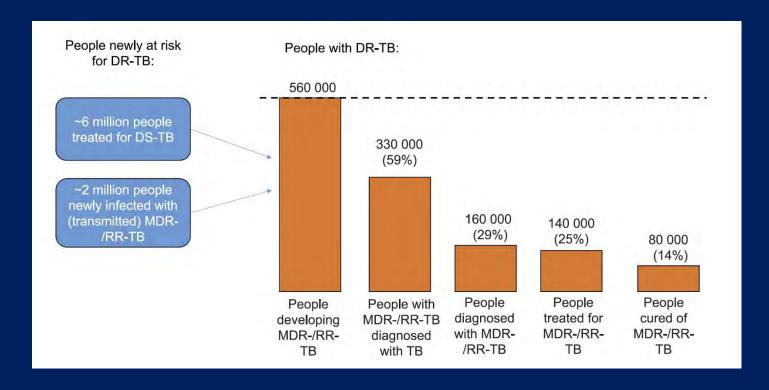




Cascade of care: DR-TB

Global







Cascade of care

India





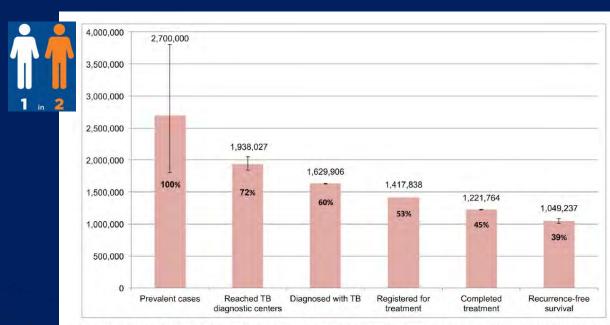


Fig 7. The cascade of care for all forms of tuberculosis in India's Revised National Tuberculosis Control Programme (RNTCP) in India, 2013. Error bars depict 95% confidence intervals.

doi:10.1371/journal.pmed.1002149.g007

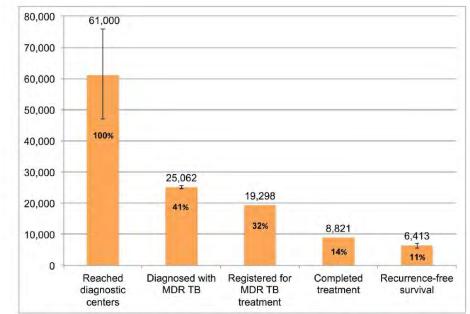


Fig 11. The tuberculosis cascade of care for multidrug-resistant tuberculosis (MDR TB) patients detected and treated by the Revised National Tuberculosis Control Programme (RNTCP) in India, 2013. Error bars depict 95% confidence intervals for each estimate.

doi:10.1371/journal.pmed.1002149.g011

Cascade of care

South Africa

The Journal of Infectious Diseases

SUPPLEMENT ARTICLE









The South African Tuberculosis Care Cascade: Estimated Losses and Methodological Challenges

Pren Naidoo, ^{1,8} Grant Theron, ^{2,3} Molebogeng X. Rangaka, ^{4,9} Violet N. Chihota, ^{5,6,a} Louise Vaughan, ^{2,3} Zameer O. Brey, ⁸ and Yogan Pillay⁷



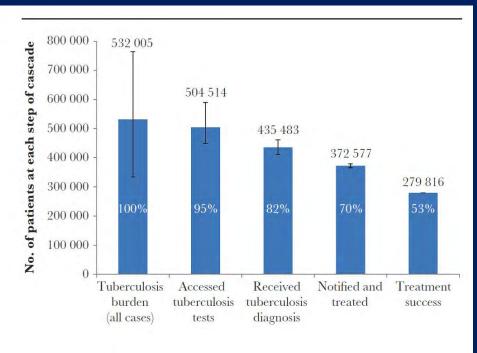


Figure 3. Care cascade for all patients with tuberculosis. This cascade includes

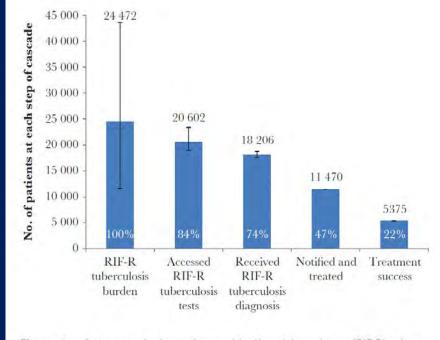
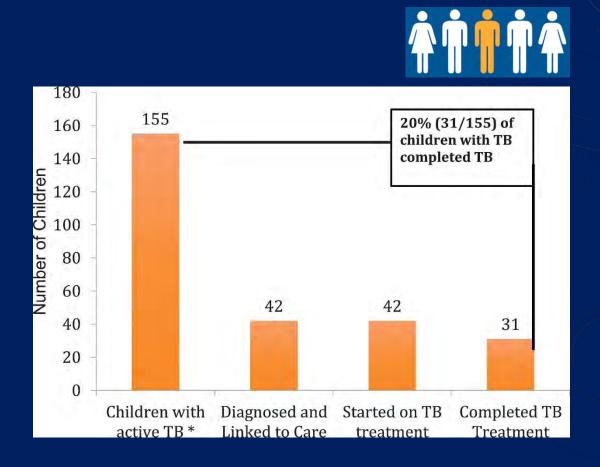


Figure 6. Care cascade for patients with rifampicin-resistant (RIF-R) tubercu-

Cascade of care: Children





Cascade of care: Latent TB Infection



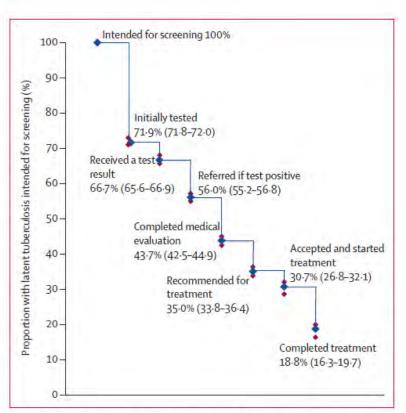


Figure 2: Losses and drop-outs at each stage of the cascade of care in latent tuberculosis

Numbers in parentheses are 95% Cls. The value for each level is calculated as the product of the value from the preceding step, multiplied by the pooled estimate for that step (from fixed-effects analysis).





Competent care

Pioneered the use of simulated or standardized patients to assess quality of TB care

https://www.qutubproject.org

Partners **Funders**



































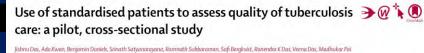


Simulated patient studies in 4 countries: India, China, Kenya & South Africa











RESEARCH ARTICLE

Variations in the quality of tuberculosis care in urban India: A cross-sectional, standardized patient study in two cities

Ada Kwan^{1,2}¢‡, Benjamin Daniels¹¢‡, Vaibhav Saria³, Srinath Satyanarayana⁴, Ramnath Subbaraman⁵, Andrew McDowell⁶, Sofi Bergkvist⁷, Ranendra K. Das³ Veena Das8, Jishnu Das1,90, Madhukar Pai10,110 *



International Journal of Environmental Research



Measuring Quality Gaps in TB Screening in South Africa Using Standardised Patient Analysis

Carmen S. Christian 1,2,*, Ulf-G. Gerdtham 3,4, Dumisani Hompashe 2,5, Anja Smith 2 and Ronelle Burger²

Use of standardised patients to assess gender differences in quality of tuberculosis care in urban India: a two-city, cross-sectional study



Benjamin Daniels*, Ada Kwan*, Srinath Satyanarayana*, Ramnath Subbaraman, Ranendra K Das, Veena Das, Jishnu Das†, Madhukar Pai†

Use of standardised patients to assess antibiotic dispensing for tuberculosis by pharmacies in urban India: a cross-sectional study



Srinath Satyanarayana, Ada Kwan, Benjamin Daniels, Ramnath Subbaraman, Andrew McDowell, Safi Bergkvist, Ranendra K Das, Veena Das, lishnu Das", Madhukar Pai"

oa

Use of standardised patients to assess quality of healthcare in Nairobi, Kenya: a pilot, cross-sectional study with international comparisons

Benjamin Daniels, Amy Dolinger, Guadalupe Bedoya, Khama Rogo, 2 Ana Goicoechea.3 Jorge Coarasa,2 Francis Wafula,2,4 Nieri Mwaura,2 Redemptar Kimeu,5 Jishnu Das1,6

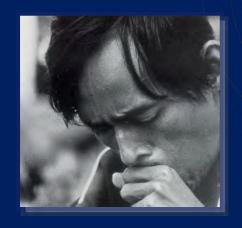
PLOS MEDICINE

Tuberculosis detection and the challenges of integrated care in rural China: A crosssectional standardized patient study

Sean Sylvia¹, Hao Xue², Chengchao Zhou³*, Yaojiang Shi², Hongmei Yi⁴, Huan Zhou⁵, Scott Rozelle⁶, Madhukar Pai⁷, Jishnu Das⁸

www.qutubproject.org

SIMULATED PATIENT: CLASSIC CASE OF SUSPECTED TB



(2-3 WEEKS OF PRODUCTIVE COUGH, FEVER, WEIGHT LOSS – "PRESUMED TB")

RESULTS: SP WITH SUSPECTED TB

| Setting - Sector | % Correctly Managed | % Referred |
|------------------------------------|------------------------------------|-----------------------|
| Delhi, India – private sector | 21% | 10% |
| Mumbai, India – private sector | 37% | 15% |
| Patna, India – private sector | 33% | 10% |
| | 33 – 40% | 4% - 10% |
| Nairobi, Kenya – public & private | Public: 79% asked for sputum test | |
| | Private: 36% asked for sputum test | |
| | 28%, village clinics | 28%, village clinics |
| Rural China (3 provinces) - public | 38%, township centers | 18%, township centers |
| | 90%, county hospitals | 5%, county hospitals |
| South Africa – public | 43% got TB and HIV tests | |
| (Western & Eastern Cape) | 84% got sputum TB tests | |
| South Africa – private (KZN) | 35% | 26% |

EMPIRICAL TREATMENT IS THE NORM

INT J TUBERC LUNG DIS 20(4):000-000 © 2016 The Union http://dx.doi.org/10.5588/ijtld.15.0562

Treatment as diagnosis and diagnosis as treatment: empirical management of presumptive tuberculosis in India

A. McDowell, M. Pai

McGill International TB Centre & Department of Epidemiology, Biostatistics and Occupational Health, McGill University, Montreal, Quebec, Canada





Alternative medicine: an ethnographic study of how practitioners of Indian medical systems manage TB in Mumbai

Andrew McDowell and Madhukar Pai*

McGill International TB Centre & Department of Epidemiology, Biostatistics and Occupational Health, McGill University, 1020 Pine Avenue West, Montreal, QC, Canada H3A 1A2

HOW CAN WE ADDRESS THESE PROBLEMS?

- Upgrade our toolbox
- Use human-centered design to make TB care people-centric
- Improve quality of care in both private & public sectors
- Address system-wide issues & foundations



THE BLOG

We Need To Science The Shit Out Of Tuberculosis

For too long, TB patients and care providers have been fighting a protracted battle with antiquated, inefficient tools, diagnostics, vaccines and drug regimens.

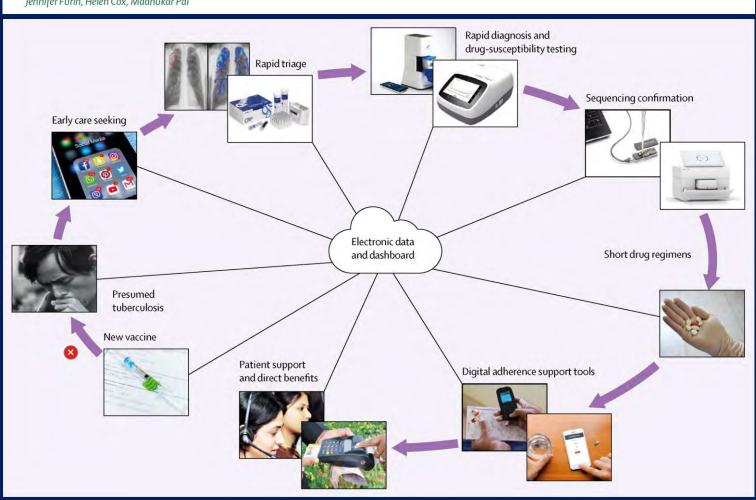
06/07/2018 14:31 EDT | Updated 06/07/2018 14:31 EDT



WADE HOWARD, INTERACTIVE RESEARCH AND DEVELOPMENT SOUTH AFRICA (IRD), USED WITH PERMISSION OF THE PHOTOGRAPHER AND THOSE IN THE IMAGE

We simply cannot end the TB epidemic with our current tools and approaches. We need to invest in science, develop new tools, and implement the best tools we have today. To ensure impact, the TB research agenda must be led by those who are most affected.

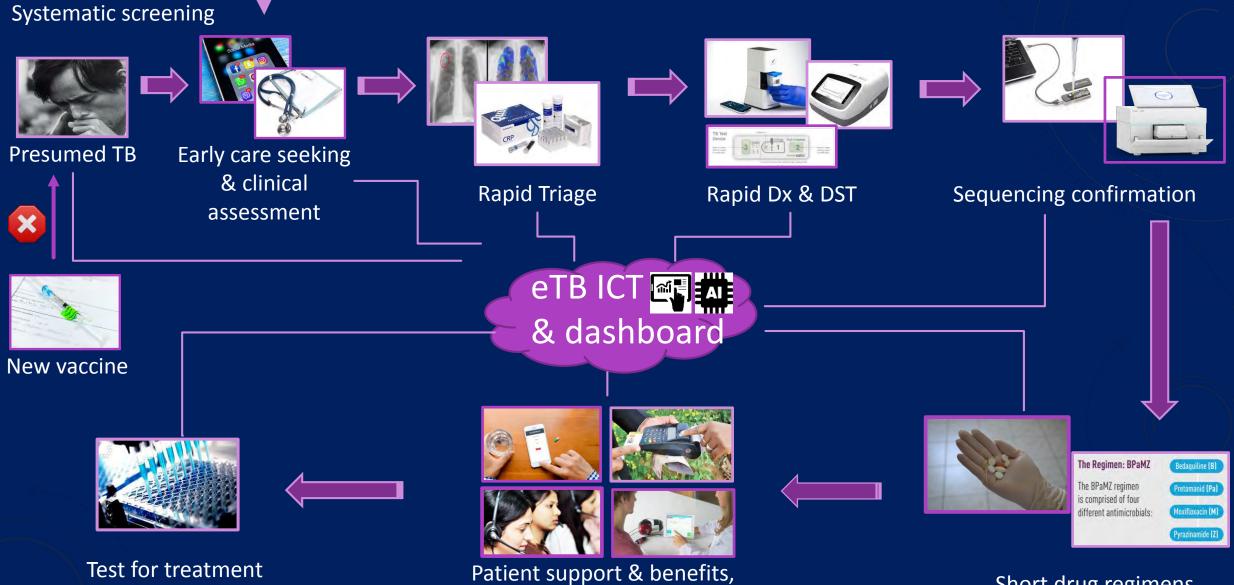






response & cure

ACTIVE TB CARE: REIMAGINED



adverse event management

Short drug regimens

CHILDHOOD TB CARE: REIMAGINED Contact & systematic screening Possible TB Early care seeking & clinical Sputum and non-sputum based Sequencing confirmation Rapid Triage rapid Dx & DST for PTB and EPTB assessment × & dashboard New vaccine Short drug regimens Test for treatment Adherence, nutritional & family Child-friendly formulations response & cure

support

CHILDHOOD TB CARE: REIMAGINED Contact & systematic screening Possible TB Early care seeking & clinical Sputum and non-sputum based Sequencing confirmation Rapid Triage rapid Dx & DST for PTB and EPTB assessment × & dashboard New vaccine Short drug regimens Test for treatment Adherence, nutritional & family Child-friendly formulations response & cure

support

PRODUCT ECOSYSTEM

Sequencing





Docturnal S'imply Health

NIPZO



L**Lama**soft

Roche

Erba





BD

xx riders

transport &

diagnostics





New drug

regimens





Livi

Adherence

sureAdhere











ICT.

dashboard

& AI





























IS TB CARE
HUMANCENTERED?



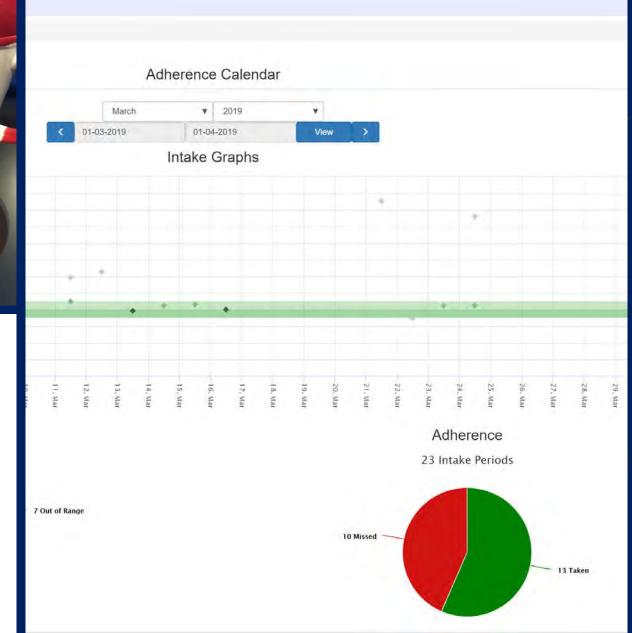


Saturday 7:00 AM

Please remember to take your medication.

Yesterday 7:00 AM

Please remember to take your medication.











HUMAN-CENTERED DESIGN TO IMPROVE TB CARE

PATIENTS' WISH LIST FOR TB CARE



HUMAN-CENTERED DESIGN



MOST TB PROGRAMS STILL FOCUS ON COVERAGE, NOT QUALITY!



DOTS coverage



What about quality?

The Science of Improvement: TB Cannot Afford to Lag Behind

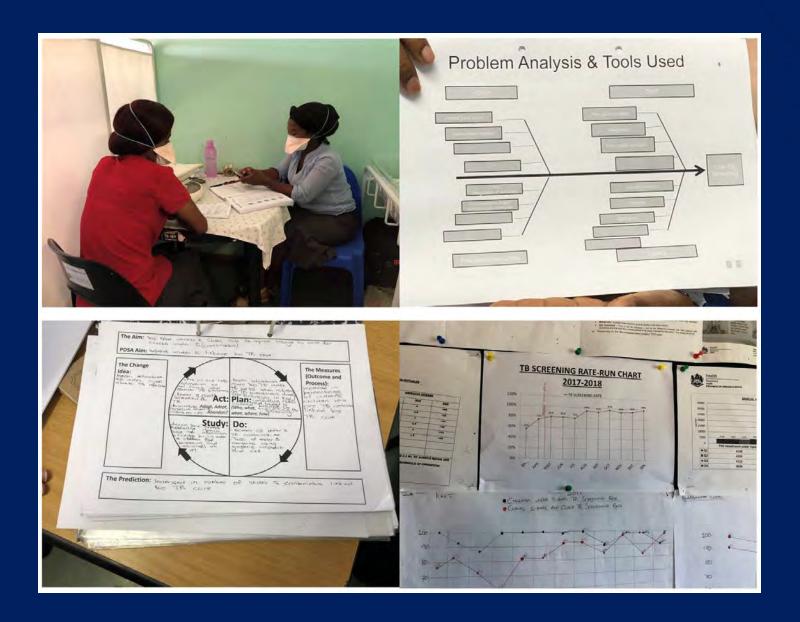


The Science of Improvement: TB Cannot Afford to Lag Behind

At a recent conference, I learnt about the Science of Improvement, and was struck by the lack of an improvement culture within my field of tuberculosis...

naturemicrobiologycommunity.nature.com

SOUTH AFRICA'S QI PROGRAM IN PUBLIC SECTOR



PPIA PROGRAMS IN MUMBAI AND PATNA

INDIA: PRIVATE PROVIDER ENGAGEMENT MODEL

Attract TB notifications with services



Sustain treatment



Monitor & improve quality

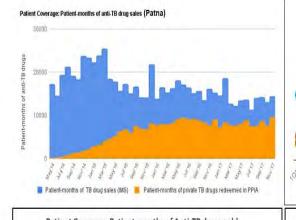


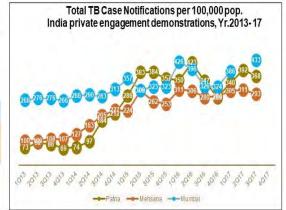


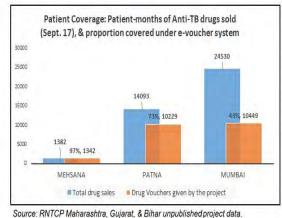


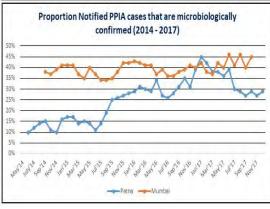












High-quality health system dashboard

Country, year

System competence

Prevention and detection



Children with complete immunisation: X%



Adults with up to date NCD screening: X%

Integration

Proportion of adults with NCD screened for multimorbidity (eg, TB/diabetes, hypertension/diabetes)



Safety

Percentage of hospital-acquired infections



Percentage of unsafe injections



Timely care

Percentage of cancer treated in early stage



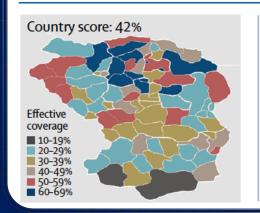
Percentage of women receiving oxytocin within 1 min of delivery



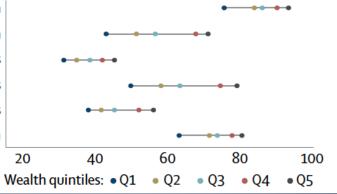


Median time from injury to admission: X min

Effective coverage for priority conditions: distribution and equity



Maternal health
Newborn health
Childhood illness
Tuberculosis
Diabetes
Mental health



ALL TB PROGRAMS NEED A QUALITY DASHBOARD



Positive user experience

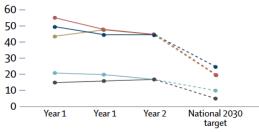
| Communication with health-care providers | |
|--|----|
| Clear communication during last visit | X% |
| Opportunity to ask questions during last visit | X% |
| Patient voice | |
| Adequate time with provider during last visit | X% |
| Opportunity to see provider of choice | X% |

Dignity and respectful care Women with opportunity to have a companion during labour of those who wanted one present Aw Patients experiencing discrimination from

X%

Health and wellbeing

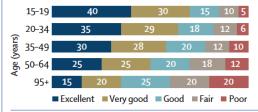
Health system sensitive outcomes



- Institutional stillbirth and neonatal mortality rate (per 1000 births)
- Women with obstructive fistula (per 100 000)
- Periopertive mortality for coronary artery bypass graft (per 1000)
- Children hospitalized with ambulatory-care sensitive conditions (per 1000)
- Lower limb amputations among adults with diabetes (per 1000)

Self-rated health (%)

a health-care provider



Severe health-related suffering

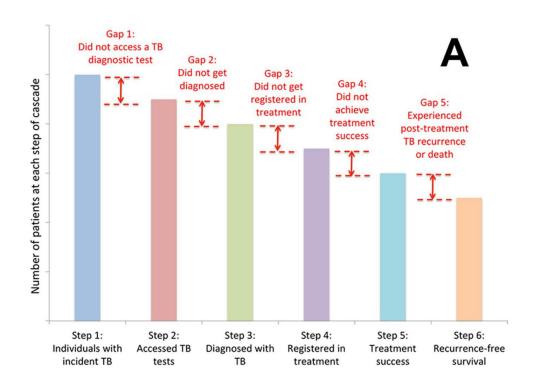


 $50\,000$ people experience severe health-related suffering; only 5% of them are receiving medication to alleviate pain

ALL TB PROGRAMS MUST LISTEN TO PATIENTS



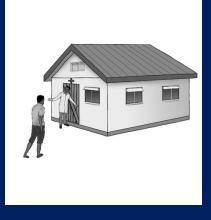
High Quality Health Systems in the SDG Era



ALL TB PROGRAMS MUST ANALYZE CARE CASCADES

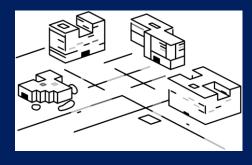
BEYOND QI: ADDRESSING SYSTEM-WIDE ISSUES

We need to expand solution space for improvement





Facility level QI Behavior change Local scale



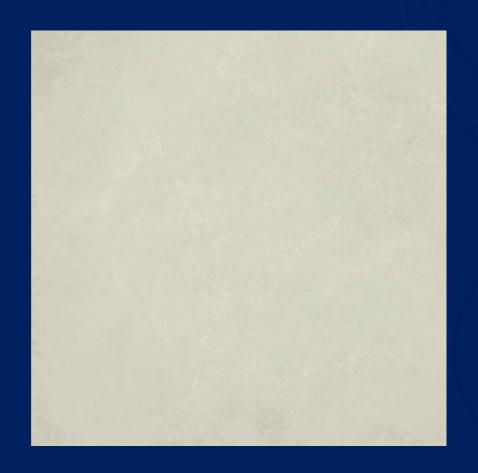
Structural (macro)

System level
Slower to implement
Large scale

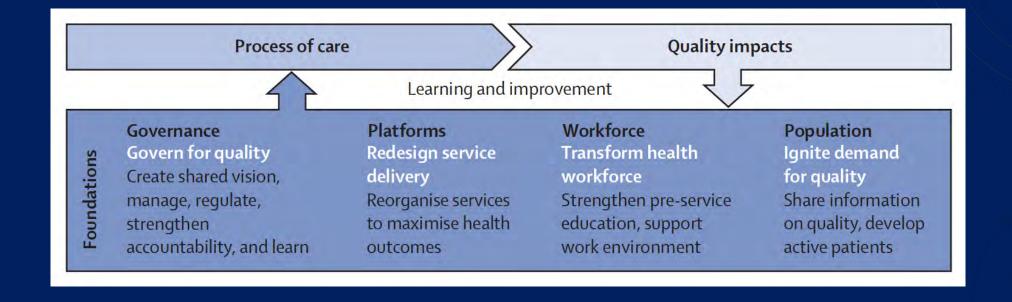


EVERYONE WORKING IN TB MUST ADVOCATE FOR UHC



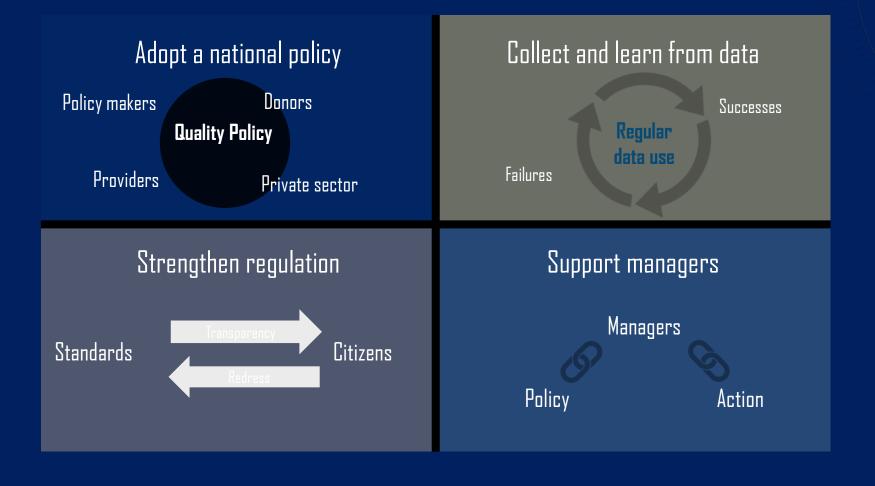


FOUR UNIVERSAL ACTIONS





1. GOVERN FOR QUALITY





2. REDESIGN SERVICE DELIVERY



Conditions that demand advanced clinical expertise



Tertiary



Secondary



Primary

Low-acuity conditions requiring coordinated, continuous care



3. TRANSFORM HEALTH WORKFORCE

Strengthen health professional education

Build an enabling work environment beyond graduation



High Quality Health Systems

4. IGNITE DEMAND FOR QUALITY

Support patients to become active participants

Quality reporting

Share data on quality with communities through report cards

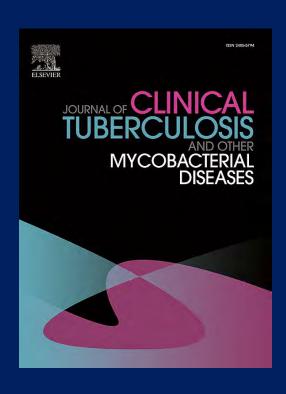
Community monitoring

Establish community boards to assess performance and provide feedback

Participatory women's groups

Learning and action cycles in facilities with community engagement

SERIES ON QUALITY OF TB CARE: J CLINICAL TB



Quality: The missing ingredient in TB care and control

Quality of drug-resistant tuberculosis care: Gaps and solutions

Lessons on the quality of tuberculosis diagnosis from standardized patients in China, India, Kenya, and South Africa

+ more than 10 papers in the next 3-4 months



To End TB

#WorldTBDay2019

Stop (B) Partnership